Making Students Stronger
The writer Maya Angelou once said, “People will forget what you said, will forget what you did, but will never forget how you made them feel.” Although we are very proud of all the things we do at HealthCorps, we are most proud of the way we make students feel. We make young people feel stronger mentally and physically because in an ever-challenging world, we need strength to help us persevere, grow and thrive.

This year, we expanded our Living Lab programming reach through our classic model of one Coordinator per School/Site and our regional model of one Coordinator for 2+ schools/site. We incorporated HealthCorps University professional development for educators into most of our Living Labs at the request of school districts.

We continue to build community in places of great need like rural Kentucky, in partnership with Berea College, and a women’s homeless shelter in Los Angeles supported by a grant from the Anthem foundation. We launched another version of our curriculum on CK12.org – greatly enhanced with one-page tip sheets and power points that anyone can use at home, the classroom or their organization. We continue to share practical life skills with the community through our national events such as Texas Two-Step CPR, National Night of Conversation on Addiction, Martin Luther King Jr. Day of Service and Mealtime Blessings.

Your support has made this happen! We hope you will take time to see how your investment in our work is paying off in the improved lives and skills of young people across the country.

This year, HealthCorps continued its tireless work to make students feel stronger mentally and physically by strengthening communities with the most innovative approaches to health and wellness to make the next generation be more resilient.

We have found that we are meeting the market need with our inventive education programming (Living Labs and HealthCorps University) and community activation with our special programming such as Texas Two-Step CPR and National Night of Conversation.

We are focused on enhancing our curriculum as we continue to grow and build impactful programs. We thank you for the contributions you have made and hope you enjoy reading about how your support has made an impact in the lives of so many young people.
“HealthCorps gives young people the power to change their lives, the lives of those they love and to ultimately change...”

Michelle Bouchard, HealthCorps President
HealthCorps gives young people the power to change their lives, the lives of those they love and to ultimately change the nation.”

HealthCorps: We open the door to stronger students, and brighter futures.
The “New” HealthCorps University

HealthCorps University was created to go beyond the traditional Living Labs model as a way to scale the program and increase impact. Through standardized and tailored training programs, educators, wellness professionals, and organizational leaders learn to utilize our digital curriculum in their environment. The inception of this model was in response to the market demand to create a culture of health and wellness similar to that of our Living Lab schools. More recently, HealthCorps University has launched a new model— the HealthCorps Wellness Day. This event was developed as a way to educate the community about HealthCorps’ mission and programming while bringing together valuable local resources. The Wellness Day event is a valuable tool for creating deeper impact in established communities and brand awareness in cities new to HealthCorps.

Accreditation

This fiscal year, the HealthCorps University team completed and successfully received accreditation for its train the trainer model through the Institute for Credentialing Excellence.

Living Lab Sustainability

To ensure program sustainability, Living Lab Coordinators are responsible for conducting staff training sessions on site. Coordinators use abridged versions of the train-the-trainer workshops to pass on critical knowledge and skills needed to continue implementing a successful wellness program. Key personnel on site attend sessions on using our digital curriculum, which includes the online platform and newly developed resources. Additionally, staff is trained in how to implement extracurricular programming that has been particularly successful at a given site, including wellness council meetings, health fairs, and cooking clubs.
More NYC Department of Education Teachers Access HealthCorps Thanks to Anthem

Thanks to a grant from Anthem, we trained a mixed cohort of educators from 13 different New York City school across 4 boroughs in the HealthCorps curriculum. Participants learned how to utilize and discover the digital curriculum, understand facilitation techniques, and engaged in real-life program application and individual action planning. HealthCorps has provided Living lab programming for 40 New York City High Schools over the last 15 years.

Wellness Culture for a Boarding School Campus: Tamassee DAR School, SC

Thanks to a grant from the Lady Washington DAR Chapter in Houston, TX, HealthCorps University staff conducted a two day training at the Tamassee DAR School campus for 35 students and 24 staff members with a focus on mental resilience. The Tamassee DAR School is a boarding school in Tamassee, South Carolina, founded in 1919 by the Daughters of the American Revolution to serve the underprivileged children of Appalachia. DAR continue to integrate our wellness guidelines and goals into their campus culture. Each student resident cottage chooses a monthly wellness goal and tracks its progress.

Lewis–San Antonio Health Communities, CA

HealthCorps University staff trained eight graduate students who had been awarded an internship with the Lewis-San Antonio Healthy Communities Institute. Participants learned how to utilize the digital platform, deliver the HealthCorps curriculum, learn the HealthCorps facilitation style, engaged in real-life application through facilitation with students and created individual action planning. The training had a great ripple effect in impact as this small group went on to train fifteen high school students who then shared what they learned with junior high students on three campuses across San Bernardino in Upland. By the end of the year, approximately 1,000 youth were introduced to HealthCorps tools.
2017 – 2018

Program Impact

HealthCorps delivered programming to 29 Living Labs sites and an additional 33 SNAP-Ed and HealthCorps University sites. Since 2003, we have impacted 2.5 million students.

CALIFORNIA
- San Gorgonio High School
- Alisal High School
- Big Bear High School
- Hueneme High School
- Upland High School

FLORIDA
- Cardinal Newman High School
- Boynton Beach Community High School
- Palm Beach Lakes Community High School

GEORGIA
- Cristo Rey High School

KENTUCKY
- Knox Central High School
- Barbourville Independent High Schools
- Barbourville Independent Middle Schools
- Corbin Middle School
- Lynn Camp Middle School
- Lynn Camp High School

NEW YORK
- High School of Fashion Industries
- University Heights High School

NEW JERSEY
- Memorial High School
- Senior High School
- Memorial High School
- Admiral William Halsey Leadership Academy
- John E. Dwyer Technology Academy

OHIO
- Ginn Academy

OKLAHOMA
- Tishomingo High School
- Chickasha High School
- Byng High School
- Latta High School

TEXAS
- Sharpstown High School

** Living Lab sites FY2018
This year, HealthCorps expanded its original Living Labs program model. Previously HealthCorps Coordinators were assigned to one school where they deliver tools and curriculum to students five days a week in and out of the classroom, after school, in the community and to staff and parents as well. We now have two Living Lab models: School/Site Coordinator and Regional Coordinator.

Coordinators are recent college graduates who go on to careers in medicine, public health policy or wellness practices. Coordinators and their students participate in ongoing research to continually improve the HealthCorps curriculum and provide insight into how to improve young lives. They commit to HealthCorps for two years.

“Coordinators serving multiple schools deliver abridged versions of the program executed by single school Coordinators, focusing on priority turnkey components such as classroom facilitation, lunchtime demonstrations, health fairs, and clubs. Frequency and duration of each component were adjusted, as needed. With this new program model, Coordinators were able to expand their overall student reach, as a result.”

Natalie Tunzi, East Coast Living Labs Program Supervisor
Empowering Students in Rural America: Berea College’s Knox County Promise Neighborhood Grant

In September 2017, we opened Living Labs at two high schools and four middle schools in Knox County, Kentucky as part of Berea College’s Promise Neighborhood grant.

The Coordinators use HealthCorps’ research and public health data to create a wellness program at their schools that is uniquely suited to the needs of the Knox County community.

Coordinators extend HealthCorps’ message beyond the classroom by organizing health events such as health fairs, parent and teacher outreach events, lunch time demonstrations, and an after-school cooking club. They also serve as a mentors and role models for the students. During the summer of 2018, our Coordinators hosted various summer activities for students which included a farm to school program, a touring bus delivering food to students where they live, and weekly Cafe O’ Yea demonstrations at a local waterpark.

“As we teach lessons, hold health fairs, host after-school clubs, and talk with students we are giving them information and encouraging change in their lives little by little. The information and experiences these students are receiving and enjoying through HealthCorps are changing the way they think about nutrition, fitness, and mental resilience so that they can live healthier and happier lives!”

– Lisa Woodlee
HealthCorps Coordinator
The HealthCorps Berea Partnership to help bring health and wellness education to the Appalachian region was born out of a commitment made at the 2014 Clinton Global Initiative. In March of 2016, HealthCorps and Berea College held a two-day training for teachers and school support personnel across Jackson, Knox, Leslie, and Madison Counties focused on how to optimize student success while infusing three pillars of the HealthCorps curriculum: nutrition, fitness and mental resilience into core curriculum. This is one of the most economically depressed areas of the country with extremely high rates of child poverty and opioid addiction.

In December of 2016, Partners in Education at Berea College announced they had been awarded a Promise Neighborhood grant from the U.S. Department of Education that included HealthCorps. The Anthem Foundation provided a requisite match for the HealthCorps program funding. The programs supported by the grant are servicing more than 10,000 students in Knox and Corbin Counties.

“The placement of HealthCorps’ curriculum in Lynn Camp Middle and High schools, Corbin Middle School and Knox Central High School will help foster long-lasting change in the lives of our young students. Berea College has partnered with HealthCorps in the past and we are excited to bring this important program to the students and families in the Neighborhood.”

Kelli Moore
Project Director for the Berea College Knox Promise Neighborhood.
In 2017, HealthCorps along with the Women, Infants and Children (WIC) program and Chickasaw Nation Medical Center, participated in the Family Mealtime Blessings campaign across the Chickasaw Nation population. The purpose of the campaign was to increase the number of family mealtimes shared and promote the importance of family mealtime and healthy food choices to students and their families.

This year, a cross-sectional evaluation was conducted, assessing family mealtime perceptions and behaviors prior to and after the Family Mealtime Blessings campaign was released. The evaluation found that HealthCorps’ participation in the campaign was effective and extremely successful.

HealthCorps Coordinators at high schools in Ada, Ardmore, Byng, Latta, and Tishomingo, Oklahoma, developed and implemented Mealtime Blessings campaign materials and administered student surveys for the study. Each HealthCorps coordinator was able to creatively develop and implement the campaign in a way that would be most successful in their school setting. Coordinators promoted this initiative through cooking programs, commercials, video projects and community events. With the permission of the Chickasaw Nation, HealthCorps will deploy the Family Mealtime Blessing program across all its schools next year.
Eighteen HealthCorps Living Lab schools participated in pedometer challenges across the country during the 2017 - 2018 school year. HealthCorps Coordinators provided school staff with pedometers from Omron Healthcare, Inc. to support the 2-4 week step challenge.

Staff members were challenged by their HealthCorps Coordinator to get in as many steps as they can during the day. Other challenges included “mini-challenges” or bonus point opportunities, such as walking with their classes/students; and challenges focusing on nutrition, stress reduction, and community building.

The participants worked incredibly hard. Our winner had an average of 17,130 steps per day which, when converted into miles, is about 8 miles each day. What an inspiration!”

- Courtney Baldwin, HealthCorps Coordinator

Participant Testimonials...

“My 4th period kids now request to go on a walk every single day. We just walk a lap around the second story main hallway area. When we get back, they actually pay more attention. They’re much more engaged in the lesson I’m teaching”

- Ms. Venzant, Sharpstown High School

“Thank you for challenging us to make ourselves better. In all the jobs I’ve had in the past, this is the first one that really cares about the health of its employees.”

- Staff member San Gorgonio High School
This Spring, HealthCorps Coordinator Blaire Hirt escorted a group of 30 students from Palm Beach Lake Community High School on an overnight bus ride from Florida to Washington, D.C. for #MarchforOurLives - a student-led demonstration in support of student safety that took place on March 24, 2018 with over 800 sibling events held throughout the U.S. and around the world.

During the bus ride, Blaire led interactive exercises using the mental resilience curriculum, to foster conversations among students about their feelings of anxiety, school safety and stress management.

Prior to the March, students were hosted by All Souls Church in Washington, D.C. where they had breakfast and participated in an open forum. Students were given a 3-minute opportunity to speak about the March, the Parkland High School shooting and school safety.

“March for Our Lives in Washington, D.C. was life changing for the students. They experienced how their voices can really make change happen and that their generation is the future. They understand that with that comes responsibility to make positive changes at home and across the nation.”

- Blaire Hirt, HealthCorps Coordinator
This year we celebrated the 12th Annual Garden Gala, at the new Ziegfeld Ballroom. The garden “follies” gala theme was built upon the Ziegfeld’s art deco design with a majority of guests dressing in 1920s attire.

The evening kicked-off with the Festival of Health Reception featuring booths from businesses, organizations and HealthCorps supporters from all over the country. During dinner, HealthCorps honored several individuals and organizations for their outstanding efforts in promoting health and wellness among America’s youth. The 2018 Golden Heart honorees were American radio personality Elvis Duran and KIND Snacks CEO Daniel Lubetzky. The recipients of the Yvette and Joel Mallah Crystal Heart Apple Awards were Partners for Education at Berea College, University Heights High School and Sahaja Meditation.
Fashion Industries HS Student at reception demonstration booth

Stepp Stewart Opening number “Be Happy”

John LaPook, Mehmet and Lisa Oz and Michael Lynton

Gala Committee Co-Chair Darel Agrest and Mehmet Oz

Mallah Award Recipients: University Heights HS Principal Hazel Joseph-Roseboro and Sahaja Meditation Board Member Srikanth P. Ventaka

Mehmet Oz, MD, Alex Markowits and Pedram Salimpour, MD

HealthCorps, Inc. 33 Irving Place, 3rd Floor, New York, NY 10003 | tel. 212.742.2875 | 17
Rocco DiSpirito, healthy lifestyle crusader, author and James Beard award winning chef, joined local celebrities, chefs and experts at “Healthy Bites to Save Lives”- a HealthCorps festival held on Saturday, October 21, in Levy Park to “Celebrate all that is Houston.” Proceeds from the event were devoted to helping students and families in Texas as they recover from the devastation caused by Hurricane Harvey.

The event was a free, family and pet friendly festival designed to feature the best of the healthy food and beverage scene in Houston with local chefs, restaurants and businesses. In addition to a celebrity appearance, book signing and demonstration by Chef Rocco DiSpirito, there were food trucks, cooking demos, product samplings, picnics, music and fitness demos.

“We could not be prouder of the results of Healthy Bites. This is a success for the people of Houston as much as it is ours. We are pleased to continue our partnership with Sharpstown High School and are grateful to Mr. Quintero and his students for the work they have done with the Healthy Bites Apollo Aid Project thus far.”

HealthCorps President, Michelle Bouchard
With the proceeds raised from Healthy Bites, the Apollo Aid Project was born. The initiative was started by Sharpstown High School teacher Carlos Quintero to provide immediate relief to families affected by Hurricane Harvey. HealthCorps partnered with Mr. Quintero to help him create this student-led service learning project. The funds were match by We.org and the Sharpstown High School students were thereafter able to execute ongoing monthly student-led distribution events of goods/supplies for 52 affected families in the community.

Mr. Quintero, his students, Coordinator Rachel Carey presented the project and were recognized at We.org’s national conference in March 2018. Southwest Airlines provided free tickets to fly students and staff into Dallas for the event.

“The students who pioneered our Apollo Aid Post-Harvey Relief efforts exemplify what it means to be resilient. The Sharpstown area was heavily affected by the floods, yet students who had their own homes devastated were still working to serve others affected in the greater Houston area. The students knew they were being helpful from thanks given by the family members in attendance at our relief events; however, they did not realize the gravity of their impact until flying up to Dallas to be recognized at WE Day.”

Coordinator Rachel Carey
Sharpstown High School
Texas Two-Step CPR

7,892 Trained at Lifesaving Events held Nationwide
February 24 – 25, 2018

During Heart Health Month, over 900 medical students and volunteers trained 7,892 people in life-saving hands-only CPR at 60 sites across the country with large scale events held in Atlanta, Houston and NYC. The event was created in Houston in 2016 by a group of medical students and the Texas College of Emergency Physicians, in partnership with HealthCorps, after the group recognized the need to train more Texans in lifesaving, hands-only CPR.

During 5-minute training sessions, participants learned how to act quickly in the event of cardiac emergencies by following two easy steps: 1) Call 911 and 2) Initiate hands-only CPR. Dr. Oz, joined the students in training sessions held in NY, on February 24 at Grand Central Terminal and at two New York Health and Racquet Club locations.

“None of us ever know when we could be near a loved one or friend who suddenly needs CPR. By learning CPR, every single person can save a life. I was so excited to work with Healthcorps, Sharecare, and the Atlanta Hawks together to see so many people learning CPR, and honored to be able to be a part of this fantastic event,”

- Dr. Darria Long Gillespie
Representative from Sharecare.
HealthCorps Launches Teen Cookbook

Years of HealthCorps Cooking Club Recipes Inspired by Teens

HealthCorps debuted Healthy Bites and Tasty Delights, a digital cookbook for teens, in April 2018. The cookbook is available digitally and includes 40+ recipes and instructional videos.

“For over a decade, our Coordinators have been teaching students in high-needs schools that healthy food can be both nutritional and delicious. We are so pleased to be able to feature our passion for healthy living and good food in this unique cookbook which highlights the recipes of students and Coordinators across the country,” said HealthCorps Chief Operating Officer, Michelle Marquez.

Recipes and instructional videos were edited and produced by HealthCorps Ambassador Delphine Remy, a holistic nutrition and eating psychology coach.

“It is an honor for me to join such a prestigious organization as HealthCorps. I am thrilled by the opportunity to contribute to healthier youth in the United States and I very much look forward to helping our children develop healthy lifestyle habits and a relationship to food that will nourish their minds and bodies. After all, healthier kids are happier kids and this is where it all begins.”

- Delphine Remy, HealthCorps Ambassador
In late February 2018, HealthCorps announced its one-year partnership with the Anthem Foundation to place a HealthCorps University trainer full-time at Good Shepherd Center, a shelter for women and children in Los Angeles, California.

Good Shepherd Center’s mission is to empower women and their children to move from homelessness to self-sufficiency through housing, employment and support services, offered with dignity and love.

“The Good Shepherd program focuses on ending the generational cycle of homelessness by giving women and children the tools to lead productive and healthy lives. Anthem Blue Cross Foundation’s partnership with HealthCorps will now ensure that Good Shepherd residents are given the tools they need to live healthy lives. We are proud of our partnership and are honored to dedicate ourselves to changing lives at Good Shepherd Center.”

Steve Melody, Anthem Blue Cross Medi-Cal president
The program helps women experiencing homelessness develop the skills and capacity to make healthy choices in their environment. HealthCorps trainer, Ejiro Ntekume, helps bridge the knowledge and access gap between women experiencing homelessness and neighboring community wellness partners that can provide resources to support their journey to adopt healthier lifestyles.

She provides programming five days a week based upon the three pillars of the HealthCorps curriculum: nutrition, physical education/fitness and mental resilience. It give participants short-term and long-term life-saving and vocational skills such as teaching them CPR, culinary skills, health literacy (reading nutritional labels), lessons in shopping on a budget and lesson about diseases such as addiction and diabetes.

“For over a decade, HealthCorps has been providing invaluable life-saving skills to many of America’s most challenging high schools and settings. As the homeless population is more susceptible to physical and mental health issues, we hope to give women at Good Shepherd Center the skills they need to embrace a happy and healthier lifestyle. We are excited about this opportunity to foster real change at Good Shepherd Center. We are profoundly grateful to Anthem Blue Cross Foundation for helping us expand our curriculum to this setting.”

– Kelly Nimmer, Programs Director
In early Summer 2018, the HealthCorps Education and Marketing teams began a collaborative project to streamline the materials for all Living Labs and HealthCorps University lessons. The teams worked to create brand new powerpoint presentations, handouts and worksheets.
Advocacy

New Opportunities with ESSA

For nearly a decade, HealthCorps was part of this advocacy effort to elevate health and physical education within federal education law.

The Every Student Succeeds Act (ESSA), passed by Congress in 2015, elevated health and physical education within federal education law and included both as part of a student’s “well rounded education.” Now, schools and districts can use funds available through ESSA’s Title I, Title II, and the newly created Title IV Part A – the Student Support and Academic Enrichment Grants (SSAEG) – for curriculum, professional development, technology, and many other components important to a well-rounded education.

In March 2018, Congress passed the Fiscal Year 2018 Omnibus Spending Bill, which provides $2.1 billion for Title II and $1.1 billion for Title IV Part A – providing meaningful funds to schools and districts for programs vital for educator and student success. These funds became available to school districts on July 1, 2018.

Through our outreach to past HealthCorps’ schools and districts, we hope they consider allocating a portion of those funds to reengage their HealthCorps programs, either through professional development and our HealthCorps University program, or reinstating a Living Labs Coordinator at their school to provide full time health, wellness and resiliency in school and through after school programming.
HealthCorps Summer Training

Professional Development

HealthCorps kicked off FY2019 and held its annual professional development training from July 23 to July 26 at Upland High School in Upland, CA. HealthCorps Coordinators, staff, strategic partners and board members from across the country participated in the professional development training.

This training was the last step of an intensive three-week summer training session that nearly a dozen recent college graduates took before being deployed to high need schools across the country, including Upland, San Bernardino and Riverside, California.

The training featured a session, “Problem Solving in Public Health” by Dr. Michael Crupain, medical unit Chief of Staff at The Dr. Oz Show. HealthCorps Advisory Board member Dr. Mark Goulston, author and chairman of Heartfelt Leadership, presented an experiential learning opportunity regarding building mental resilience in youth. HealthCorps’ partner Atkins Nutritionals, Inc. gave participants the chance to test out a virtual reality (VR) experience, dubbed the Sugar Goggles.

The training concluded with a closing luncheon attended by key San Bernardino stakeholders, partners, HealthCorps staff and board members.
“We are grateful for the unique opportunity to train our Coordinators here in the Inland Empire where a powerful community coalition has been pulling together to address the needs of its residents. Our partners in San Bernardino County share our mission of strengthening communities by highlighting innovative approaches to wellness that build resilience in America’s youth.”

- HealthCorps President, Michelle Bouchard
MAJOR PROGRAM FUNDERS

$1,000,000
USANA Health Sciences

$250,000 – $499,999
David and Renee Wentz / American Endowment Foundation

$100,000 – $249,999
Anthem Foundation
Atkins Nutritionals, Inc.
California Walnut Board
Dalio Foundation
New Jersey Department of Health
The Chickasaw Nation
The Lemole Family Charitable Trust
MAJOR DONORS

$50,000 – $99,999
Ascencia Diabetes Care US, Inc.
Daniel Lubetzky / KIND Bar
Harris County Health District
Northeast Ohio Wellness Fund at Cleveland Clinic
Omron Foundation, Inc.
Partners for Education at Berea College
Steven A. and Alexandra Cohen Foundation
The California Endowment
The Samuel J. and Connie M. Frankino Foundation
Ventura County Public Health

$25,000 – $49,999
Alexander Markowits / Spring Hills Senior Communities
Andrew L. Farkas, C-III Capital Partners LLC & Island Capital Group
Dr. Mehmet Oz and Lisa Oz / Oz Family Foundation
Dr. Pedram Salimpour
Inland Empire Health Plan
San Bernardino City Unified School District Sharecare

$10,000 – $24,999
A. Gary Anderson Family Foundation
Benzel Busch Motor Car Company / Joseph Agresta
Blue Cross Blue Shield of Arizona
BrainTap Technologies
Bridgestone Americas Trust Fund
Cardiac Science Corporation
Christy and John Mack Foundation
Continental Resources, Inc.
Darel Agresta
Delaware Community Foundation / Pete du Pont Freedom Award Fund
Dorothy and Maurice Kent
Douglas Wu / VynLeads, Inc.
Drs. Michael and Lori Smatt / Madison Avenue Chiropractic Center
James Cohen / Hudson Media Inc.
John and Margo Catsimatidis / Red Apple Group
Jordan Davis / Radius Ventures, LLC
Kate Lear / Frances Lear Foundation
Living Fuel
Mary Ann and Michael MacDonald
Michael S. Prentice / Mesuron, Inc.
Randall W. Lewis / Lewis Management Corporation
SpringAquaH
Upland High School
Wholetones, Inc.
Zoco Productions
PATRONS

$5,000 – $9,999
Kittie West
Lawrence Sarf / Market Service, Inc.

$1,000 - $4,999
Adriana Solorzano
Anthony Iacovone
Brooks Jefferson Bowen
Chris Brown
Deanna Kelly
Diane Procter and Dr. Ward Cunningham-Rundles
Douglas Stroup
Dr. Dana Myers - JP Spiers PLLC
Dr. David Steinberg
Dr. Douglas Drobbin - Drobbin Chiropractic
Dr. Frank Musante, CCFWC
Dr. George Curry - Curry Chiropractic Center

FRIENDS

$500 – $999
Christian Wright
Colin Kearby
Didier Ryelandt
Dr. John K. Ward - 44th Street Chiropractic
Dr. Gregg Rubinstein - 57th Street Chiropractic, P.C.
Jill Posnick
John McManus

Kelly Gallagher
Kristy Rao
Lauren Wills
Michael & Shirley Wujek
Michelle Bouchard
Michelle Marquez
Mindy Miralia - Chrysalis Consulting Group
New York Chiropractic Council

Laura Klein
Lisa Hill
Martin Fried
Merrill Richmond
Michael Breus
Michael Young
Nancy Davenport
Pittman Family Foundation
Rachel Kropa - CAA
RashEndz - Juan Brea
Robert Guida and Jessie de Santiago
Roger W. Ross
RSM US LLP
Sanford Health
Stuart Johnson
Teresa Yurt
The Fite Group
Umberto Capodici - Signature Insurance
Victor and Emily Damiano Charitable Trust
Yvonne Eldridge

Philip Jacoby
Stephanie Tuttle
Victoria Piccirillo - New Life Medical
IN - KIND SUPPORTERS

Actors Temple Theatre
Agent Nateur
Alisal High School
All American Awards and Uniforms, Inc.
Altamarea Group
American Red Cross
Atkins Nutritional, Inc.
ApotheCare Essentials (by Unilever)
Awakened Films
B. Allen Karcher
Bank of America
Black River Outfitters
Broadway Across America
Broadway.com / The John Gore Foundation
Café Le Bilboquet
California Walnut Board
Candice Kumai
Cappello’s Carlo Security & Transportation Services
Carola Mack
Catherine Katz
Chelo Keys Photography
City Winery
Cleveland Clinic – Dr. Michael Roizen
Continental Resources
Cuisinicity
Delphine Remy
DJ Donna D’Cruz
Dr. Dean Ornish
Dr. Mehmet and Lisa Oz
Dr. Ward Cunningham-Rundles
Elite Island Resorts
EMRA – Emergency Medicine Residents’ Association
Eric Lerner Magic
Eternity Band
First Impact
Fleurs du Mois
Flowers in the Park
GE Massana
GoCharity
Iliene Florals, Ltd.
Intrinsic Motivation Counseling Services
Jennifer Meyer Jewelry
Jimmy Kimmel Live
JoAnn Stevelos - JSC
Kind Bars – Kind LLC
Kristy Rao Health & Nutrition
Knorr (by Unilever)
Ladd and Sarah Martin
Langdon of Tribeca (Florist)
Le Bilboquet
Levain Bakery
Living Fuel
Lynn Camp Middle / High School
LUVMichael.com
MAC Cosmetics
Madison Avenue Chiropractic Center / Dr. Michael Smatt
ManhattanSociety.com
Masana NYC Portrait Artwork
McKy Williamson
McKittrick Hotel
Mesuron, Inc. – Michael Prentice
Michael Roberts and GOLDSTEIN
Nancy Ostrovsky
New York Health and Racquet Club
New York Knicks
New York Rangers
NetSuite
NFL Experience
Nick Zaldastani
Kind Bars – Kind LLC
Kristy Rao Health & Nutrition
Knorr (by Unilever)
Ladd and Sarah Martin
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Le Bilboquet
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McKy Williamson
McKittrick Hotel
Mesuron, Inc. – Michael Prentice
Michael Roberts and GOLDSTEIN
Nancy Ostrovsky
New York Health and Racquet Club
New York Knicks
New York Rangers
NetSuite
NFL Experience
Nick Zaldastani
Nini Hale Jewelry
Oasis Day Spa
Omron Healthcare, Inc.
Pixel Print
Preventative Medicine Research Institute
Punzone Vodka
Rachel Cho Floral Design
Rao’s
Rasa Living
Red Apple Group / Gristedes
Richie Byrne
River Rain Productions
Rocco DiSpirito
Roger Ross
Sahaja Meditation
Salsa Professional Apparel & Supplies
Sanofi
Stepp Stewart
Suffeld Players
TCEP - Texas College of Emergency Physicians
The Actors Fund
The Chew on ABC
TutorMeNick
US Open Foundation
USANA Health Sciences
VIPSMiles
Walmart
Watch What Happens Live
Wholetones, Inc.
Wolffer Estate Vineyard
Zaro’s Family Bakery
ZoCo Productions
## Statement of Financial Position

(With Summarized Comparative Information as of June 30, 2017)

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<tr>
<th>Assets</th>
<th>2018</th>
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<td>Grants, Contracts and Contributions Receivable, net</td>
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<td>Prepaid Expenses</td>
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<td>Security Deposits and Other Assets</td>
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</tr>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>$176,006</td>
<td>$119,363</td>
</tr>
<tr>
<td>Deferred revenue</td>
<td>1,500</td>
<td>251,500</td>
</tr>
<tr>
<td>Deferred rent obligation</td>
<td>100,926</td>
<td>115,089</td>
</tr>
<tr>
<td>Capital lease obligation</td>
<td>23,526</td>
<td>37,662</td>
</tr>
<tr>
<td>Security Deposits payable</td>
<td>2,200</td>
<td>49,675</td>
</tr>
<tr>
<td><strong>Total liabilities</strong></td>
<td><strong>$304,158</strong></td>
<td><strong>$573,289</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Commitments and Contingencies</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Net assets</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unrestricted</td>
<td>$2,188,129</td>
<td>$1,736,553</td>
</tr>
<tr>
<td>Temporarily restricted</td>
<td>107,500</td>
<td>219,792</td>
</tr>
<tr>
<td><strong>Total net assets</strong></td>
<td><strong>$2,295,629</strong></td>
<td><strong>$1,956,345</strong></td>
</tr>
<tr>
<td><strong>Total liabilities and net assets</strong></td>
<td><strong>$2,599,787</strong></td>
<td><strong>$2,529,634</strong></td>
</tr>
</tbody>
</table>
# Statement of Financial Activities

(With Summarized Comparative Information for the Year Ended June 30, 2017)

<table>
<thead>
<tr>
<th></th>
<th>2018 Unrestricted</th>
<th>2018 Temporarily Restricted</th>
<th>2018 Total</th>
<th>2017 Summary Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Support and Revenue</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grants and contracts</td>
<td>$391,142</td>
<td>$995,300</td>
<td>$1,386,442</td>
<td>$1,407,798</td>
</tr>
<tr>
<td>Contributions</td>
<td>1,347,565</td>
<td>-</td>
<td>1,347,565</td>
<td>1,748,575</td>
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<tr>
<td>Special events</td>
<td>1,212,836</td>
<td>-</td>
<td>1,212,836</td>
<td>1,303,874</td>
</tr>
<tr>
<td>Program Services</td>
<td>50,000</td>
<td>-</td>
<td>50,000</td>
<td>93,990</td>
</tr>
<tr>
<td>Rental income and other income</td>
<td>247,336</td>
<td>-</td>
<td>247,336</td>
<td>202,342</td>
</tr>
<tr>
<td>Net assets released from</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>restrictions used for programs</td>
<td>1,107,592</td>
<td>(1,107,592)</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td><strong>Total Support &amp; Revenue</strong></td>
<td><strong>4,356,471</strong></td>
<td><strong>(112,292)</strong></td>
<td><strong>4,244,179</strong></td>
<td><strong>4,756,570</strong></td>
</tr>
<tr>
<td><strong>Operating Expenses</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program services</td>
<td>2,861,967</td>
<td>-</td>
<td>2,861,967</td>
<td>2,695,122</td>
</tr>
<tr>
<td>General and administrative</td>
<td>363,387</td>
<td>-</td>
<td>363,387</td>
<td>381,454</td>
</tr>
<tr>
<td>Fundraising</td>
<td>679,541</td>
<td>-</td>
<td>679,541</td>
<td>743,403</td>
</tr>
<tr>
<td><strong>Total operating expenses</strong></td>
<td><strong>3,904,895</strong></td>
<td>-</td>
<td><strong>3,904,895</strong></td>
<td><strong>3,819,979</strong></td>
</tr>
<tr>
<td>Change in net assets</td>
<td>451,576</td>
<td>(112,292)</td>
<td>339,284</td>
<td>936,591</td>
</tr>
<tr>
<td>Net assets</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beginning</td>
<td>1,736,553</td>
<td>219,792</td>
<td>1,956,345</td>
<td>1,019,754</td>
</tr>
<tr>
<td><strong>End</strong></td>
<td><strong>$ 2,188,129</strong></td>
<td><strong>$ 107,500</strong></td>
<td><strong>$ 2,295,629</strong></td>
<td><strong>$ 1,956,345</strong></td>
</tr>
</tbody>
</table>
THANK YOU TO OUR SUPPORTERS!